Amendment to Standard Operating Procedures (SOP) For

Implementing Community Home-Based Care Activities and Happy Youth Center

1. Introduction

Community home-based care is an essential element of the Continuum of Care (CoC) for people living with HIV/AIDS (PLHA). It enables PLHA to access health care services such as voluntary and confidential counseling and testing for HIV (VCCT), treatment for opportunistic infection and anti-retroviral therapy (OI/ART), prevention of HIV transmission from mother to child (PMTCT), and diagnosis and treatment for Tuberculosis (TB). In addition, community home-based care also helps other people in the community access correct information on health and social services. Therefore, community home based care plays an important role in encouraging people in the community to use existing health and social services in the community.

Recognizing the importance of community home based-care, the Ministry of Health, through the National Center for HIV/AIDS, Dermatology and STD (NCHADS), has collaborated with and supported civil society to implement community home-based care in Cambodia. Moreover, to harmonize the implementation of community home-based care, the Ministry of Health developed SOPs for implementing this activity, providing guidance on coordinating mechanism, home-based care team structure, package of home care activities, and estimated budget for operating community home-based care activities. As a result, community home-based care has improved significantly.

Recently, the Ministry of Health has strengthened the CoC to make it more comprehensive by establishing the Happy Youth Center in referral hospitals (RH) where the CoC is implemented in order to respond to the needs of PLHA and their families. Furthermore, health services for youth are also being integrated into the existing health care system in the referral hospitals. Therefore, community home-based care should also be strengthened and improved to respond to the changes within the CoC.

2. Amendment in Package of Community Home-Based Care Activities

To be more comprehensive, community home-based care should expand its scope to include additional activities to support orphans and vulnerable children (OVC), adolescents, and maternal and new-born health (MNH), so that these groups of people can gain access to appropriate HIV/AIDS prevention and care services.

Activities to Support OVC

- Assess need for HIV testing for all children
- Refer all children needing HIV testing to VCCT
- Refer all HIV positive children to pediatric OI/ART services
- Refer all HIV positive children to pediatric mmm
- Follow-up HIV positive children on OI/ART
- Assess living status of children and seek social support for them
- Promote children's rights in the community
- Collaborate with NGOs/CBOs to provide social support to children and their families

Activities to Support Adolescents

- Provide education on HIV/AIDS prevention and genital and reproductive health care
- Encourage youth to use public health care service when they have health problems
- Collaborate with volunteers in the Happy Youth Center to provide information on the center activities
- Encourage and refer young people to attend the activities in the Happy Youth Center
- Refer youth who need HIV testing to VCCT
- Refer HIV positive adolescents to OI/ART services
- Follow-up HIV positive adolescents on OI/ART

Activities to Support Maternal and New-born Health (MNH)

- Provide education on MNH and HIV/AIDS
- Encourage and refer pregnant women to antenatal care (ANC) service
- Provide information on PMTCT services
- Support and refer pregnant women to PMTCT services
- Follow-up positive mother and children
- Refer pregnant women to health centers, VCCT, and birth spacing services

3. Happy Youth Centers

Happy Youth Centers should be established in referral hospitals to encourage the involvement of young people in understanding genital and reproductive health and accessing care and treatment for STIs, so that they are able to protect themselves from

becoming infected with HIV and can avoid any problems related to genital and reproductive health.

Activities in Happy Youth Centers Include:

- Provide counseling on genital and reproductive health, particularly HIV/AIDS and STIs
- Provide education on genital and reproductive health, and HIV/AIDS prevention
- Encourage HIV/AIDS/STI risky behavioral change
- Refer youth who need HIV testing to VCCT
- Refer young people with health problems to appropriate health care services
- Collaborate with community home-based care teams to provide education and follow-up youths in the community
- Contact NGOs and other involved institutions to seek support for youths

To Operate a Happy Youth Center, the following resources are needed:

- A building with at least 3 rooms:
 - A big room that can hold up to 20 people to use as a library, equipped with necessary furniture such as a big table, 20 chairs, book shelves, and educational materials
 - o 2 counseling rooms (one for male and other for female), with a table and chairs in each room
- 2 youth counselors, one male and one female (counselors should be from similar age group as clients)
- Counselors should receive appropriate training in youth counseling and genital and reproductive health

4. Running Cost

Cost for additional activities for community home based care

Activities	Cost/team/year	Rate	Remarks
Transport support	720\$	1.5\$ per person per round trip	This cost may change
for OVC		(1.5\$ x 40 OVC x 12 months)	based on number of
			children referred and
			distance of trip
Transport support	450\$	1.5\$ per person per round trip	This cost may change
for youth		(1.5\$ x 40 OVC x 12 months)	based on number of
			youth referred and
			distance of trip
Transport support	360\$	1.5\$ per person per round trip	This cost may change
for pregnant		(1.5\$ x 40 OVC x 12 months)	based on number of
women			women referred and
			distance of trip
TOTAL	1,530\$		

4.2. Cost for Happy Youth Center Activities

Activities	Cost/year	Rate	Remarks
Incentive for	960\$	40\$ per person per month	
counselors		(40\$ x 2 persons x 12 months)	
Transport support	240\$	10\$ per person per month	
for volunteers to do		(10\$ x 2 persons x 12 months)	
outreach activities			
in the community			
Support for	240\$	5\$ per meeting	The meetings will be
education activities		(5\$ x 4 meetings x 12 months)	organized weekly for
in the community			youths in different
			villages in the
		_	community
Admin and supply	240\$	20\$ per month	This cost cover
			documents, books,
			papers, pens, water
			supply etc.
TOTAL	1,680\$		



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